

Workplace Safety Heartsaver: CPR/First Aid

Must complete Part 1 online with AHA (additional fee) prior to skills session. A skills session is Part 2 or the hands-on portion of an American Heart Association eLearning course which includes basic skills practice and testing. This is designed for new or renewal candidates who have completed an AHA online course.

Part 1

Heartsaver® Total Online- This course is for anyone with limited or no medical training who needs a course completion card in first aid, CPR, and AED use to meet job, regulatory or other requirements. Heartsaver® Total teaches students lifesaving skills of first aid, CPR, and use an AED. This course empowers student to act with confidence in the event of an emergency at work, home, or in the community. The online course takes approximately 3 hours to complete. Register and pay here:

<https://elearning.heart.org/course/1164>

Part 2

Schedule a skills session with Vernon College. These sessions are offered most Wednesdays morning at 8:30am. We will also try to accommodate your schedule on another day and time, if needed. Please call 940-689-3714 to schedule.

- 1) Must pre-register and **pay VC \$65.00** before or by noon on the day before the skills session you plan to attend. Please make sure make sure to tell us at registration if you took a Heartsaver course.
- 2) Complete the AHA online course (additional fee paid to AHA)
- 3) Must bring 1 copy of your online completion certificate to the skills check session or skills cannot be performed and no refund will be allowed.

There are other Heartsaver courses available, please call if you need help determining the right course.

We can schedule a complete in-person class for a minimum group of at least 4 people. Please call for pricing and to arrange dates and times for training.

*For questions or additional information please contact
Tina Duke at 940-689-3714 or email ce@vernoncollege.edu*